



803 Armstrong Ave.
Kansas City, KS 66101

F.I.S. Family Impact Support Group (Classes taught in English)

The teen years can be difficult years for both parents and teens. Come to a discussion group designed to help parents and caregivers through these challenging times. There are no enrollment fees to attend the support sessions. This curriculum is designed to help parents meet the challenges of parenting teens and preteens in today's turbulent society. Using this program parents will gain the skills they need to communicate effectively with their teens, encourage better behavior, use positive discipline techniques and teach responsibility.

Active Parenting of Teens™

- *Session 1 What is your Parenting Style and how does it influence your teen?
- * Session 2 Your Teen's Success Cycle: How to build self-esteem courage, and positive behavior
- * Session 3 Sidestepping the Power Struggle: How to redirect your teen's misbehavior
- * Session 4 Effective Discipline: How to raise a responsible teen
- * Session 5 Active Communication: How to win cooperation with your teen
- * Session 6 The magic of Family Meetings: How they solve problems and teach values

**All classes are on Wednesday s from 5:30-6:30 p.m.
Seating is limited please reserve a spot ahead of time.
For more information, please contact Sean Thompson
Program Case Manager at (913) 831 - 2820 ext. 205.**